

BONNIE COMFORT

Bonnie Comfort is a psychologist, speaker, and author. As an expert on marital therapy, she appears frequently on podcasts and speaks on topics related to marriage and self-esteem. She is on a mission to embolden women to advocate more clearly for themselves. Her memoir, *Staying Married is the Hardest Part* (She Writes Press), examines the complexities of marriage and self-esteem. Her first book, *Denial*, a psychological thriller from Simon & Schuster, was well-reviewed and published in seven countries. Learn more at BonnieComfort.com.