

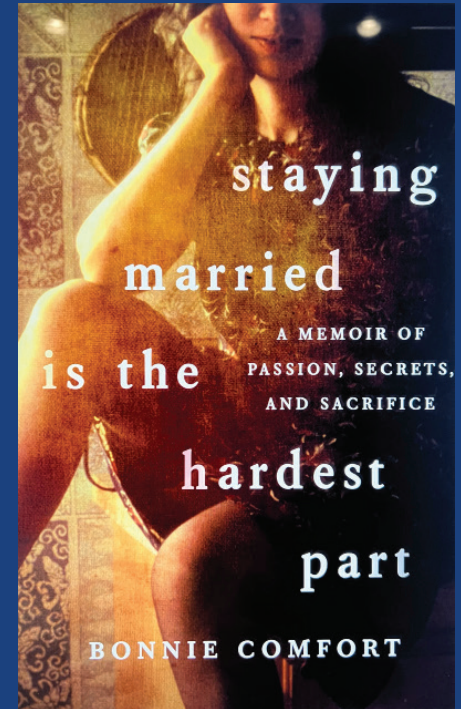
Bonnie Comfort, Ph.D.

Let's Talk About Marriage, Sex & Sacrifice

Bonnie Comfort is a psychologist, speaker, and author. As an expert on marital therapy, she appears frequently on podcasts and speaks on topics related to relationships and self-esteem. Known for her vulnerability, insight, and refreshing honesty, Bonnie speaks candidly about the complexities of long-term relationships, the courage it takes to reclaim agency, and the wisdom found in grief and healing.

Her recent memoir, *Staying Married is the Hardest Part*, is a raw, intimate look at love, sexual conflict, betrayal, and forgiveness inside her 30-year marriage to a Hollywood screenwriter. Named a Zibby Books Most Anticipated Title and Summer Reads Pick, *Staying Married* has resonated with audiences hungry for real talk about love, marriage, sex, and identity.

Her first book, *Denial: a novel*, is a psychological thriller from Simon & Schuster, and was well-reviewed and published in eight countries.



Suggested Conversation Topics:

- Why sexual desire mismatch is more common (and more manageable) than many couples believe
- How smart, strong women navigate staying (or leaving) in complex marriages
- The tension between professional wisdom as a therapist and personal vulnerability in marriage
- What it means to grieve a partner, and a complicated marriage, at the same time
- Tips for writing boldly about secrets, trauma, and intimacy in memoir
- How readers connect their own lives to deeply personal stories

Why Book Bonnie?

1. Award-winning psychologist & memoirist with lived expertise in marriage, sexual conflict, and grief.
2. Experienced, eloquent speaker with national press coverage and TV appearances.
3. Perfect for podcasts on relationships, psychology, women's memoir, writing, and personal growth.



For booking and inquiries:

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“Poignant and insightful. A relatable and empathetic perspective on the pressures women face in their intimate relationships—”

—BookLife (*Publishers Weekly*)

“... a deeply honest look at what it means to share a life with someone.”

—Readers' Favorite

“Honest, pure, raw, and riveting.”

—Rossana D'Antonio, author of
26 Seconds

BonnieComfort.com